



# Northern Illinois Soccer League



## Small Sided Recommendations 5vs5, 7vs7, 9v9

- **Player Movement permitted only within club** – No guest players.
  - NISL recommendations for 5vs5, 7vs7 and 9vs9 leagues, Players are **NOT permitted to play down in divisions.**

### IMPORTANT:

- ✓ Coaches who play a player down must **notify opposing coach before the game** who the player or players are that are playing down and the reason for the decision.
- ✓ Teams that violate the simple rule must be reported to the NISL by submitting the following form: [CLICK HERE](#) or <http://goo.gl/guqM1e>
- ✓ Teams that do not communicate that they are playing players down to opposing coaches are in jeopardy of forfeiting the game.
- ✓ NISL recommendation is that **players rostered on a NISL Premier League level team should not play any lower than the NISL Platinum level**

